

Dr. Maciek Sznurkowski  
Medical Aesthetic Expert  
ms@drsznurkowski.com  
mobile: +48 733 386 649



- \* Aesthetic medicine
- \* Cosmetic surgery
- \* Aesthetic laser therapy
- \* Regenerative medicine

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### **Procedure - Bichat's Fat Pad Removal Surgery.**

\*proprietary procedure by Dr. Maciek Sznurkowski.

1. I anesthetize the inner surface of the patient's cheeks from the oral cavity side using dental anesthesia, precisely opposite the upper alveolar processes, sixth molars.
2. While waiting for the full effect of the anesthesia, I carefully examine the mucous membrane surfaces, looking for yellowish-white translucencies from the deeper layers of the inner cheek structure.
3. I puncture the inside of the cheeks with a scalpel, applying the scalpel pointwise in visually selected spots that are located opposite and at the level of the patient's upper sixth molars.
4. This results in the oozing of yellow fat tissue structures, which make up Bichat's fat pads, at the puncture sites.
5. Using a suction device, I relieve the patient's throat area of secretions and gently aspirate the fat tissue of Bichat's pads from the puncture sites.
6. Using tweezers and scissors, I remove as much fat tissue from Bichat's pads as naturally emerged from the puncture sites previously made with the scalpel.
7. After coagulating the bleeding vessels with a bipolar electrode, there is usually no need for stitches. I place a Vicryl 5.0 dissolvable suture (if necessary).
8. Immediately after the procedure, with the patient already in a sitting position, after waiting about 15 minutes, I perform a control observation of the postoperative wounds. The absence of bleeding confirms that the procedure can be considered completed.

